









Fluid Milk Substitutes that Meet USDA Standards in the Child Nutrition Programs

	Unflavored*					Flavored*
Brand	8th Continent Soymilk Original 	Silk Original Soymilk 	Silk Original Soymilk 	Pacific All Natural Ultra Soy Original 	Great Value Soymilk Original 	8th Continent Soymilk Vanilla 
Packaging	Refrigerated	Refrigerated	Shelf stable	Shelf stable	Refrigerated	Refrigerated

*Nondairy beverages served to preschool children ages 1 to 5 years old in the School Nutrition Program and the Child and Adult Care Food Program must be unflavored (i.e., “original” soymilk) in accordance with the meal patterns.

Nutrient	USDA standard per cup (8 fl oz)
Protein	8 g
Calcium	276 mg
Vitamin A	500 IU
Vitamin D	100 IU
Magnesium	24 mg
Phosphorus	222 mg
Potassium	349 mg
Riboflavin	0.44 mg
Vitamin B12	1.1 mcg

This document is for informational purposes only and does not imply endorsement by the Pennsylvania Department of Education or the USDA. This list does not represent all allowable products available. Products shown above are on the approved Pennsylvania WIC food list (Oct. 1, 2023 – Sept. 30, 2024) and may be used in the Child Nutrition Programs (CNPs). Contact the manufacturer at the time of purchase to verify that product formulations have not changed. CNP sponsors are responsible for validating and maintaining documentation demonstrating that products meet USDA standards.