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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
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All Juice is 100% fruit Juice

12 months through 23 months (1 year through 1 year and 11 months) Unflavored whole milk

2 years through 5 years (up to 6th birthday) Unflavored fat-free (skim) milk or Unflavored low-fat (1%) milk

6 through 12 years, unflavored fat-free (skim) milk or flavored fat-free (skim) milk or Unflavored low-fat (1%) milk

Water is available to children all day and at all meals

WG = Whole Grain; Whole Wheat= WW item; HM = Homemade

Menu is subject to change